

Na-K Pump Activity: Active Transport in Cells

High School (NGSS Aligned) Teacher Guide

Overview

This guide supports implementation of the Na-K Pump Activity: Active Transport in Cells using the 5E instructional model.

Learning Objectives

- Students will model how cells move substances against concentration gradients
- Students will explain why cells need ATP for transport
- Students will identify the importance of ion gradients

Standards Alignment

- **HS-LS1-2:** Develop and use a model to illustrate the hierarchical organization of interacting systems
- **SEP:** Developing and Using Models
- **DCI:** LS1.A: Structure and Function
- **CCC:** Energy and Matter

Prerequisites

- Understanding of cell membranes
- Basic knowledge of ATP

Time Estimate

15 minutes

Materials Needed

- Computer with internet access
- Student Activity Sheet

Teaching Tips by Phase

Phase 1: ENGAGE (5-10 minutes)

- Start with the phenomenon or problem presented
- Elicit student predictions and prior knowledge
- Create cognitive dissonance if possible
- Build excitement for investigation

Phase 2: EXPLORE (15-20 minutes)

- Allow students to investigate with minimal guidance
- Circulate and ask probing questions
- Encourage systematic data collection
- Note common discoveries and difficulties

Phase 3: EXPLAIN (10-15 minutes)

- Have students share their findings first
- Build on their observations to introduce concepts
- Address misconceptions directly
- Connect to broader biological principles

Phase 4: ELABORATE (10 minutes)

- Apply knowledge to new scenarios
- Make real-world connections
- Encourage deeper investigation
- Support transfer of learning

Phase 5: EVALUATE (5-10 minutes)

- Use varied assessment strategies

- Focus on conceptual understanding
- Provide immediate feedback
- Plan follow-up based on results

NGSS Three-Dimensional Learning

- **Science Practices:** Developing and using models, analyzing data, constructing explanations
- **Crosscutting Concepts:** Patterns, cause and effect, systems thinking
- **Disciplinary Core Ideas:** See standards alignment above

Remember:

The goal is student discovery through guided inquiry. Resist the urge to explain concepts before students have explored them!