Name:	Date:	Section:
Molecule Mania Ad	ctivity: Biological Macı	romolecules
Sorting Life's Molecules		
Phase 1: ENGAGE (5 minutes	s)	
Getting Started:		
Open peebedu.com and navigate to	o Biological Molecule Structure Org	anizer
You're a molecular detective sorting	g life's building blocks!	
First Impressions:		
1. How many different molecule	s do you see?	
2. Can you spot any patterns? _		
Challenge Question:		
If you had to group these molecules	s into 4 bins, what would your categ	jories be?

Phase 2: EXPLORE (18 minutes)

Station 1: Carbohydrate Hunt

Find all the sugars and starches!

Carbonydrate Checklist:
Pattern Alert: All carbohydrates have C:H:O in ratio
Station 2: Lipid Laboratory
Identify the fats and oils!
Lipid Lineup:
3 chains + backbone Head: Yes, Tail: No
Key Discovery: Lipids are mostly (polar/nonpolar)
Station 3: Protein Puzzle
Spot the proteins and amino acids!
Protein Properties:
NH₂ and COOH groups
Amazing Fact: 20 amino acids make thousands of different proteins!
Station 4: Nucleic Acid Navigator
Find DNA and RNA components!
Nucleic Acid Notes:
•Yes
Double Helix Detective: DNA has strands, RNA has

Phase 3: EXPLAIN (15 minutes)

The Big Four Macromolecules

1. Carbohydrates - Quick Energy & Structure

General formula: (CH ₂ O)n
Types:
Monosaccharides: (examples)
Polysaccharides: (examples)
Jobs: Energy storage, cell walls, recognition
1. Lipids - Long-term Storage & Barriers
Mostly C and H, little O
Types:
Fats & oils: Energy storage
• Steroids:
Why water-repelling?
1. Proteins - The Workers
Made of amino acids with:
 Amino group (NH₂) Carboxyl group (COOH) Variable R group

Functions:

• Enzymes:
Structural:
1. Nucleic Acids - Information Storage
Made of nucleotides with:
Sugar (ribose or deoxyribose)
Phosphate group
Nitrogenous base
Types:
• DNA:
Base pairing rules: A with, G with
Phase 4: ELABORATE (10 minutes)
Real-World Connections
1. In Your Body Right Now:
After eating bread:
Starch breaks down to:
Excess stored as:

Made of:
Why important:
1. Molecular Medicine:
Diabetes involves:
Molecule type:
Treatment targets:
High cholesterol:
Molecule type:
Dietary changes:
1. Sports Science:
For quick energy: Eat
For endurance: Store
For muscle building: Need
For recovery: Repair with
Design Challenge:

Your cell membranes:

Create a meal with all 4 macromolecules:

Carbohydrate source:
Protein source:
Protein source:
Phase 5: EVALUATE (7 minutes)
Assessment Questions
1. Molecule Sorting:
Place in correct category:
• Insulin:
• DNA:
1. Structure-Function Match:
Draw lines to connect:
Long hydrocarbon chains • • Information storage
Amino acid sequence • • Energy storage
Sugar rings • • Quick fuel
Nucleotide chains • • Specific 3D shape

1. Problem Solving:

A molecule has only C, H, and O with many CH ₂ groups.
It's probably a:
Evidence:
1. Analysis:
Why can you digest starch but not cellulose?
Both are made of glucose, but:
Bond angles:
Result:
1. Application:
Design a test to identify an unknown biological molecule:
• Test 1:
• Test 3:
Synthesis Question:
Why do all living things use these same 4 types of molecules?