# Cell Diffusion Explorer Activity: Transport Across Membranes

# Middle School (NGSS Aligned) Teacher Guide

#### Overview

This guide supports implementation of the Cell Diffusion Explorer Activity: Transport Across Membranes using the 5E instructional model.

## **Learning Objectives**

- Students will analyze how surface area to volume ratio affects diffusion efficiency
- Students will evaluate why cells must remain small to survive
- Students will explain how cell shape adaptations maximize exchange rates

## **Standards Alignment**

See activity-specific standards in the curriculum guide.

## **Prerequisites**

- Understanding of diffusion and concentration gradients
- Basic geometry (surface area and volume calculations)
- · Cell membrane structure

#### **Time Estimate**

50 minutes

#### **Materials Needed**

- · Computer/tablet with internet access
- Student handout

## **Teaching Tips by Phase**

## Phase 1: ENGAGE (5-10 minutes)

- Start with the phenomenon or problem presented
- Elicit student predictions and prior knowledge
- · Create cognitive dissonance if possible
- Build excitement for investigation

#### Phase 2: EXPLORE (15-20 minutes)

- · Allow students to investigate with minimal guidance
- Circulate and ask probing questions
- Encourage systematic data collection
- Note common discoveries and difficulties

## Phase 3: EXPLAIN (10-15 minutes)

- Have students share their findings first
- Build on their observations to introduce concepts
- Address misconceptions directly
- Connect to broader biological principles

#### Phase 4: ELABORATE (10 minutes)

- Apply knowledge to new scenarios
- Make real-world connections
- Encourage deeper investigation
- Support transfer of learning

## Phase 5: EVALUATE (5-10 minutes)

Use varied assessment strategies

- Focus on conceptual understanding
- Provide immediate feedback
- Plan follow-up based on results

# Remember:

The goal is student discovery through guided inquiry. Resist the urge to explain concepts before students have explored them!

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