

Blood Sugar Regulation Simulator Activity: Modeling Glucose Homeostasis

High School (NGSS Aligned) Teacher Guide

Overview

This guide supports implementation of the Blood Sugar Regulation Simulator Activity: Modeling Glucose Homeostasis using the 5E instructional model.

Learning Objectives

- Students will develop a model to illustrate how the body maintains stable blood sugar levels
- Students will analyze the feedback mechanisms that control glucose homeostasis
- Students will evaluate what happens when regulatory systems fail

Standards Alignment

- **HS-LS1-3:** Plan and conduct an investigation to provide evidence that feedback mechanisms maintain homeostasis
- **HS-LS1-2:** Develop and use a model to illustrate the hierarchical organization of interacting systems that provide specific functions within multicellular organisms

Prerequisites

- Basic understanding of hormones
- Concept of balance in body systems
- Organ system interactions

Time Estimate

50-55 minutes

Materials Needed

- Computer/tablet with internet access
- Student Activity Sheet
- Graph paper or digital graphing tool

Teaching Tips by Phase

Phase 1: ENGAGE (5-10 minutes)

- Start with the phenomenon or problem presented
- Elicit student predictions and prior knowledge
- Create cognitive dissonance if possible
- Build excitement for investigation

Phase 2: EXPLORE (15-20 minutes)

- Allow students to investigate with minimal guidance
- Circulate and ask probing questions
- Encourage systematic data collection
- Note common discoveries and difficulties

Phase 3: EXPLAIN (10-15 minutes)

- Have students share their findings first
- Build on their observations to introduce concepts
- Address misconceptions directly
- Connect to broader biological principles

Phase 4: ELABORATE (10 minutes)

- Apply knowledge to new scenarios
- Make real-world connections
- Encourage deeper investigation

- Support transfer of learning

Phase 5: EVALUATE (5-10 minutes)

- Use varied assessment strategies
- Focus on conceptual understanding
- Provide immediate feedback
- Plan follow-up based on results

NGSS Three-Dimensional Learning

- **Science Practices:** Developing and using models, analyzing data, constructing explanations
- **Crosscutting Concepts:** Patterns, cause and effect, systems thinking
- **Disciplinary Core Ideas:** See standards alignment above

Remember:

The goal is student discovery through guided inquiry. Resist the urge to explain concepts before students have explored them!